



EFFECTS (CTS-262)

Evaluación funcional y
fisiología del ejercicio

Multidisciplinary prehabilitation and rehabilitation based on lifestyle changes for improving surgical outcomes in patients with colon cancer: elucidating the underlying mechanisms

This study, conducted between **2024-2027** with a budget of **€181,250**, is funded by the State Research Agency. It promotes pre- and post-surgical lifestyle interventions to enhance recovery in colon cancer patients, aiming to uncover the biological mechanisms responsible for improved outcomes.